

# Self-management

## What is self-management?

Self-managed funding (sometimes called 'individualised funding') is a way of enabling you to have more choice and control about the support you receive.

Lifetime participants of the Lifetime Support Scheme can choose to manage all or part of their funding for treatment, care and support services. You will need to enter into an agreement with the Lifetime Support Authority (LSA) to receive an amount to cover expenses which the LSA has agreed are necessary and reasonable.

Payment can be made direct to you to manage, or to a carer or guardian or to an authorised third party.

If you self-manage, you will be required to provide agreed reconciliations and accounts sufficient for the LSA to meet its fiduciary responsibilities.

## Am I eligible for self-management?

To be eligible for self-management you need to:

- be a lifetime participant
- have a completed service delivery plan
- not be insolvent.

In addition, the LSA needs to be sure that allowing you to self-manage would not be an 'unreasonable risk' to you.

## How is risk assessed?

The LSA supports you to self-manage funding and will conduct a risk assessment to consider whether self-management is an option for you.

## What does 'unreasonable risk' mean?

The LSA will consider a number of factors when deciding whether allowing you to self-manage will create an unreasonable risk, including:

- whether you could be materially harmed, including material financial harm, by the decision to allow you to self-manage
- whether you are physically, mentally or financially vulnerable or could be exploited or influenced by someone
- how able you are to make decisions and what help you have to make decisions
- how good you are at managing money
- whether risks to you could be reduced by support networks or other safeguards.

The LSA may pay for support to help you self-manage if that would help to safeguard you.

## Where can I get further information about self-management?

You can get further information about self-managed funding from your Service Planner. Your Service Planner will work with you to develop an arrangement that will work for you.

**For more information contact the Lifetime Support Authority.**